Notos Therme & Spa Hotel welcomes you to a luxury world of serenity and relaxation!

From the moment you enter Notos Therme & Spa Hotel, a whole new world comes to life. Set inside a volcanic rock, in the lunar landscape of Vlychada Beach, our beautiful Hotel, which used to be an old ice factory, makes use of the natural spring waters in all of the spa facilities and therapy treatments.

Notos Thermal Spa area stands out as one of the best Natural Therme spring in Greece. As soon as you enter this oasis of relaxation, time stands still. A womb-like atmosphere awakes the senses, while the elegant and tranquil spa environment, and provide a serene journey for the mind and soul.

The healing and relaxing properties of the natural thermal spring water make Notos Therme & Spa, the ideal destination for those seeking a combination of relaxation with tranquil views to the Aegean Sea. Step into the mineral pools or heat facilities and free your body and mind from the everyday stress. Feel free and relax in the hands of trained therapists that will pamper you daily.

The volcanic thermal spring waters can be enjoyed all around the spa facilities of Notos Therme & Spa Hotel. Guests can benefit from its natural healing properties, whether they choose to enjoy the Jacuzzi, the Volcanic Steam Room, the Sauna, the Swimming pool and all around the cave area.

Feel the ancient energy of Santorini Island. Feel the romantic ambience of Vlychada Beach and relax to its healing waters.. in this dreamy Spa Hotel in Santorini, Greece.

Information for the Cave Spa Area

• Operating hours from 10.00am to 19.00pm

• If you want to change or cancel your appointment, Please contact us 24hours earlier in order not to be charged with cancellation fees
**Body Treatments**

**Volcanic Mud**
The Volcanic mud wrap relaxes the body, combining a treatment of hydration and relaxation. Its composition is based on magma of natural mud and unique mix of essentials oils. The result is that the body is more elastic and blood circulation is stimulated.

Time: 30 min  
Price: 28 €

**Seaweed**
The sea algae become a mix that embraces your body with wrap, offering rich elements contributing to the expulsion of toxins and prevents cellulite creation.

Time: 30 min  
Price: 28 €

**Chocolate**
This luxurious skin beauty treatment is provided by ultra-hydration elements of pure chocolate. Chocolate moisturizes, softens skin and eliminates toxins.

Time: 30 min  
Price: 30 €

**Yogurt Therapy**
Ideal mask therapy for after sun (apres soleil) skin treatment and particularly ideal for sun burning. Helps to remedation, hydration and relief immediate restoration of the skin.

Time: 40 min  
Price: 30 €

**Body Peeling**
The Body Scrub our favorite treatment. It’s also known as “the king of exfoliations”. Dead cells and impurities are removed leaving soft velvety skin.

Time: 30 min  
Price: 30 €

✓ An additional full body massage is recommended, after the wraps mentioned above, to get the best benefits of these treatments.

**Facial Treatment**
We start with the Facial Hydration treatment made of homemade cosmetics, Face peeling with a mix of sugar and olive oil and Face mask with yoghurt, honey and fresh fruits, always with relaxed face massage.

Time: 50 min  
Price: 60 €
Full Body Massage

Holistic massage
Holistic Massage therapy consists of manipulation to the body both passive and active in order to affect the nervous, muscular and lymphatic system. It has the effect of relaxing overused, tensed muscles while stimulates nerves and lung activity. A sense of deep, inner and physical wellbeing is the ultimate result.

Time: 30 min/50min
Price: 35 € / 60 €

Deep Tissue Massage
Deep tissue massage is a technique that focuses on the layer of muscular tissue. The aim is to release the chronic patterns of tension in the body by opening the muscular spasms through slow and deep finger pressures and frictions on the contracted areas, either following or going across the fibers of the muscles, tendons and fascia.

Time: 30 min/50 min
Price: 35 € / 60 €

Feet Reflexology
Enjoy a rejuvenating treatment which stimulates the blood circulation in your feet and releases pressure to aid in the recovery from fatigue. This therapy is the best prescription to keep fit and stay in good health.

Time: 40 min
Price: 55 €

Aromatherapy Massage
The use of pure essential oils is very important in this full body massage in order to enhance the maximum balance for the body and mind. Essential are being absorbed through the skin and pass into the circulation, affecting efficiently the inner condition of our system. Aromatherapy provides the general health, increase vitality and visibly improves the texture and color of the skin.

Time: 50 min /90 min
Price: 70 € / 110 €

Hot stones massage with stones of the Volcano.
Hot stone massage is a specialty massage where the therapist uses smooth, heated stones, either as an extension of their own hands, or by placing them on the body while massage other parts of the body. The heat can be both deeply relaxing and help warm up tight muscles so the therapist can work more deeply.

Time: 60 min
Price: 80 €
You can also ask for 100% natural Santorini olive oil with extra charge 5€

Pre-natal care
Carefully selected exfoliating body scrub and afterwards indulging massage therapy with sweet almond oil especially for pregnant ladies.
- Purifying Hydro Therapy in our Thermal Hot springs
- Salt glow Body Peeling
- Nourishing massage Therapy
  Time: 90 min  price: 75 €

Cellulite and Slimming
A physical cellulite-free skin therapy and an uplifting way to slim. So the away fatty deposits.
- Cellulite Treatment for specific areas
- Sauna with green Tea
- Olive oil with salts Body Peeling
  Time: 90 min  price: 90 €

Spa Packages
Created to renew your body and spirit, following packages are to discover the beneficial and invigorating properties of our native treatments through a combination that fits your individual needs. We provide an additional hour of relaxation to finish your indulgence by using the relaxation lounge, thermal waters of our pool and Jacuzzi as well as the rest of the facilities of your choice.

Endless Dream
A great way to feel revitalized …
- Natural Body Scrub
- Fresh Seaweed
- Chocolate Therapy
- Anti-stress Body, Head and Foot Massage with mixture of Natural Oils.
  Time: 2 hours  price: 130 €

Holistic Night
Will nourish, detoxify and rejuvenate your body, inside out.
- Purifying Hydro Therapy in our Thermal Hot Springs
- Seaweed Full Body Mask
- Facial quick fresh treatment
- Detoxing Back Massage with essential Natural Oils
  Time: 2 hours  price: 100 €
Sparomatic Detoxification
The absolute detoxification program to cleanse your system, and renew strength and vitality.
- Detoxifying Hydro Therapy in our Thermal Spring
- Volcanic Mud Wrap
- Aromatic Detoxification Treatment and Revitalizing Face Mask with Yoghurt and Honey
- Aromatic Body Massage
  Time: 2 h 30 min
  price: 160 €

Essence of Masculinity
Men are also exposed to stress and ageing process. Let us take out into a rage of treatment that will make you look and feel revitalized.
- Steam Room
- Express Facial with Natural Products
- Relax in the Spring Water of our pool
- Full Body exfoliation
- Essential oil Full Body Massage
  Time: 2 hours
  price: 100 €

Massage for Couples
Spa packages specially designed for stressed-out and time starved couples looking for detox, de-stressed and re-energize. You will indulge together in the best of our selected signature detoxifying spa scrubs, wraps and relaxing massages. Just let go, do nothing and let us do he pampering. There is no better way to spend time together that this delightful couple spa getaway packages.

Inspiration of Romance
Make it part of healthy lifestyle.
- Steam Room
- Skin Renewal Facial
- Relax in the Spirit Water of our pool
- Volcanic mud hydration
- Back massage 20’
- Jet shower
- a Smooth fruit cocktail per person
  Time: 2h 30min
  price: 150 €
Grand Spa Exotic
Free your spirit and mind as we lovingly nourish your body and skin.
- Calming therapy
- Classic Hot Stone Massage
- Seaweed Body Glow
- Relaxing and Calming Water Massage
- Thermal Wrap
- Exclusive Head, Face & Neck massage
  Time: 3 hours
  price: 300 €

Couple Blisstox
For the Lady
- Calming Senses Therapy for couples with Hammam, cave pool and smooth fruit cocktail
- Chocolate Therapy
- Classic Deep Tissue Body Massage
For the Gentlemen
- Calming Senses Therapy for couples with Hammam, cave pool and smooth fruit cocktail
- Volcanic Mud Therapy
- Classic Deep Tissue Body Massage
  Time: 2 hours
  price: 280 €

Cave Choc De- ager
This is our best loved signature chocolate-inspired spa packages for couple to enjoy indulgent and romantic spa moments together privately in our spa. This exquisite couple getaway spa package is highly recommended for loving couples.
- Calming senses therapy for couples with Hammam, cave pool and Smooth fruit cocktails and chocolate Miracles
- Thermal Relaxed Massage in our Jacuzzi
- Aromatherapy
- Chocolate therapy
  Time: 2h 30 min
  price: 350 €
**Spa parties’ package**

A private Spa time for you and your company with Privileges such as the full privacy of the spa area! At your services with "Personal Spa Butler". Our attendance for your personal beauty consultation and full use of the retreat Space area.

- Full Body Peeling
- Hydro Therapy
- Cave Bath
- Classic Relaxing Body Massage
- Aromatic Body Wrap with Volcanic Mud

  Time: 3 hours  
  price: 95€ per person

**Hand & Feet Care**

Feel the difference with a healthy spa treatment for younger-looking hands & comfortable feet

**Spa Manicure**

- Sugar scrub and massage
- Thermal Mud
- Cuticle Treatment

  Time: 45 min  
  price: 40 €

**Spa Pedicure**

- Ultimate Salt scrub
- Anti-stressing massage
- Aromatic thermal wrap
- Foot massage

  Time: 50 min  
  price: 50 €

**Simple Manicure**  
price: 22 €

**Polish Charge**  
price: 8 €

**Simple Pedicure**  
price: 30 €
Waxing

Body waxing for your vacation comfort! The use of high quality professional wax with soothing and nourishing ingredients results excellent hygiene. From basic facial waxing to bikini and Brazilian waxing

<table>
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<th>Service</th>
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<tbody>
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<td>Upper lip/chin</td>
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