

Enter a world of serenity and relaxation



...pamper yourselves with a unique gift



From the moment you enter Notos Therme & Spa Hotel, a whole new world comes to life. Set inside a volcanic rock, in the lunar landscape of Vlychada Beach, our beautiful Hotel, which used to be an old ice factory, makes use of the natural spring waters in all of the spa facilities and therapy treatments.

Notos Thermal Spa area stands out as one of the best Natural Therme springs in Greece. As soon as you enter this oasis of relaxation, time stands still. A womb-like atmosphere awakes the senses, while the elegant and tranquil spa environment provides a serene journey for the mind and soul.



Step into the healing and relaxing spring water mineral pools or heat facilities and free your body and mind from the everyday stress. Feel free and relax in the hands of trained therapists that will pamper you daily, whether you choose to enjoy the Jacuzzi, the Volcanic Steam Room, the Sauna, the Swimming pool or just the cave area.

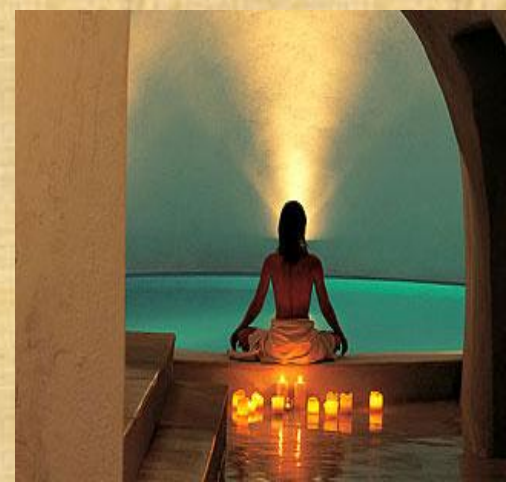
Feel the ambience of Santorini Island and relax to our Spa's healing waters...

Cave Spa Operating Hours

10:00am to 19:00pm

Cancellation policy

For a change or cancellation of an appointment please inform us at least 24hours in advance in order to avoid cancellations fees.



UNIQUE HOLISTIC MASSAGES

Candle Massage

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape.

You have but to choose amongst 3 different natural perfumes, Douceur d'Orient with sandalwood – orange for complete relaxation and harmonization of senses. Charm of Andalusia, with citrus –sunflower, vetiver, for relaxation – revivification of soul, body and mind. Perles de Philippines, with coconut, rosewood, orange, for toning, revitalization, and amplification of energy.

Time For body 60'/90€

Face and body: 75'/110€

Lava Shells Tropical Massage

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat.

While the hot shells, roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, enhance blood circulation and lymph.

Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of Lava Shells Massage is the power of heat, touch and scent. The receptivity between the therapist and client creates an immersive experience.

Time for Body : 60'/100€

Face & Body : 75'/120€

BODY RELAX – BODY MASSAGE

Relax Massage

A muscular relaxing massage with essential oils of lavender and a sea cocktail ingredient that relieves signs of tension calms the nervous system and relaxes the body.

Time 30'-50' 40€-70€

Back – Neck-Shoulders

Back-Neck massage is a deeply relaxing massage focusing on stress release, muscle relief from tension in all areas around the neck and across the back. This massage, relieves stress and headaches, improves circulation and posture, relaxes muscles and improves flexibility while it can also decrease feelings of depression.

Time 30'/50€

Deep Relaxation Body Massage

It's a massage technique that focuses on the deeper tissues of the muscles and targets via deep pressures to relax the muscles and provide relief and well-being.

Time 45'/80€

Aroma Massage

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs, which have therapeutic abilities appropriately chosen to suit your personal needs. It relieves from headaches, migraines, provides energy and releases endorphins, the hormones of happiness.

Time 65'/100€

Hot Stones Massage

A special massage with volcanic stones of basalt. Relief of muscle pain, activation of all energy channels to harmonize the soul, spirit and body.

Time 45'/80€

Pre-natal care

Carefully selected exfoliating body scrub afterwards indulging massage therapy with sweet almond oil especially for pregnant ladies.

- ✓ Purifying hydro therapy in our thermal hot springs
- ✓ Salt glow - body peeling
- ✓ Nourishing massage therapy

Time 45'/80€

FACIAL TREATMENTS

Spa–Prestige Éclat

The coexistence of the rich marine power into a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

Time 30'/50€

Hydra Blue Treatment – Detox and Plumping Moisturizing

A complete and specialized treatment that has two actions. Reliefs from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin.

The innovative mask« Chauffant nettoyant” with sea zeolites, caolin and oxygenol, cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better.

A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

Time : 45'/60€

City – Life “Sorbet”

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The “Sorbet” delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

Time: 60'/70€

Douceur Marine

An ideal treatment for sensitive skin that calms and relieves immediately. It acts instantly on irritations due to the great composition of soothing ingredients.

Water from sea springs, algae sugars, and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin.

Time : 60'/70€

Eye & Lip Contour Treatment

An anti-wrinkled eye treatment with collagen’s marine elements and elastin. It soothes the wrinkles of the eye contour and helps in decreasing the edemas and black circles. At the same time, enjoy a complete lip treatment. A cocktail of exfoliation with very effective ingredients which stimulate circulation, while the splendor mask balm with hyaluronic nourishes – soothes – hydrates – tones the contour of the lips by giving them natural volume.

Time : 35'/40€

Extended Youth

An anti-wrinkle –firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells restructure and to the collagen’s and elastin’s reproduction as well.

The sea retinol and hyaluronic restore the aspect of youth revealing your facial characteristics. An effective radiant-firming and smoothing wrinkles treatment with 100% natural – effective ingredients of the marine resources – which reinvigorate your skin, against the deterioration of time.

Ocean – Science – Beauty to the Cosmetics request.

Time: 60'/110€

BODY BEAUTY TREATMENTS

Shimmer Satin Treatment – Exfoliation and Hydration

We proceed with a deep cleansing with salts, corals and hazelnut oil, coconut oil, soya, nut and Oligomer (solidified sea). Then apply a cream with a cocktail of marine ingredients to the whole body that restores the aquatic tone of your skin and prepares it to be safely exposed to the sun.

Time 30'/50€

Sea Foam Massage and Calming Mask

A unique relaxing experience for your body, this special treatment soothes, relaxes and invigorates your skin, releases from tension and offers you a inimitable sense of relaxation and rejuvenation. With natural sea sponges and a creamy –soapy cleanser a warm foamy massage is performed on the entire body for 20 minutes. It is followed by a full body wrap with a toning, soothing mask that enhances skin elasticity. The ritual is completed with the application of a cream soft as a protective veil that deeply moisturizes your skin and offers sublime glow.

Time 45'/60€

Thermal Algototherapy (Back –Neck –Shoulders)

This treatment soothes back, neck, waist and arms pains. After a deep skin cleansing apply an effervescent sea mud mask that creates a thousands of microcapsules which release active sea ingredients capable of facing aches and tensed muscles. A healing massage follows on this particular part of the body.

Time 60'/80€

Spa Thalasso Full Body

All the benefits of the Spa Thalasso in one and only treatment. An original full thalassotherapy with the most beneficial varieties of algae such as – Spirulina – Fucus Powder – Palmaria Palmata - Chondrus Crispus activate the metabolism, detoxify, and gives back to the skin its radiance and smoothness. It nourishes and keeps the skin healthy with its lypolytic and anticellulite action. The benefits of this treatment are multiple for the organism and skin due to the absolute similarity of the synthesis with the sea water and the human organism (Plankton – Plasma blood). In an ambiance of marine breeze an exfoliation for deep skin cleansing and a thalasso therapy mask. Application of a product with massage and warm – wet towel that hug your body and invite you to a dynamic dive into the magical underwater world.

Time 60'/80€

Chocolate Bath

The most beloved and luxurious skin beauty treatment is provided by ultra-hydration elements of pure chocolate.

Chocolate moisturizes, softens skin and eliminates toxins releases endorphins, the hormones of happiness.

Time 45'/50€

Leg Revival – Leg Soothing Treatment

A treatment with marine flavonoids and Centella Asiatica that filters, stimulates blood microcirculation, reinforces capillary tone, relaxes and relieves tired legs. A Peeling with crystal salts and essential oils follows. Application of a particularly fresh gel mask from the feet up to thighs that stimulates blood microcirculation, rejuvenates and removes the edemas. Rediscover the confidence of showing off your legs.

Time 45'/60€

Sculpt Zone – Contouring – Anti Cellulite

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on a series of «Redox» (reduction-oxidation) reactions, in synergy with the super lipolytic agent «Pepper Slim Active», which traps the free radicals by neutralizing them, stimulates the action of lipolysis and detoxification and combats and decreases cellulite .

A delicate creamy foamy texture with soft heat embraces you body and deliver a deep sense of relaxation and pleasure.

The ultimate contouring and anti-cellulite performance in an express course. Reduced curves and cellulite, a body lighter and detoxified, smoothed thanks to the intensive formula starring the super active «Slim Pink Pepper».

Time: 45'/90€

Special Offer Treatment

Shimmer Satin (Body Scrub)

Aroma Massage

Hydra Blue (Facial Refreshing)

Time: 2 hours

Price: 180€ per person

Spa parties' package

A private Spa time for you and your company with privileges such as the full privacy of the spa area! At your services with “**Personal Spa Butler**”. Our attendance for your personal beauty consultation and full use of the retreat spa area.

- Facial fresh treatment
- Sea Crystals
- Cave bath
- Relaxing massage

Time: 3 hours

Price: 120€ per person